英

Adelle Sans/regular——5.5PT
Adelle Sans/Light——5.5PT / 5PT

56.0 mm

90.0 mm

封面

Mi Smart Band 5 User Manual ·1
Руководство пользователя
Фітнес-браслета Mi Smart Band 5 ·16
Opaska Mi Smart Band 5
Instrukcja obsługi ·31
Посібник користувача
Фітнес-браслета Mi 5 ·46
Manual de utilizare pentru Brățara
inteligentă Mi 5 ·61
Chytrý náramek Mi 5 – Uživatelská
příručka ·76
Εγχειρίδιο χρήστη για το Έξυπνο
βραχιόλι Mi 5 ·91

俄

Adelle Sans CYR/regular——5.5PT
Adelle Sans CYR/Light——5.5PT / 5PT

波

Adelle Sans/regular——5.5PT
Adelle Sans/Light——5.5PT / 5PT

乌

Adelle Sans CYR/regular——5.5PT
Adelle Sans CYR/Light——5.5PT / 5PT

罗

Adelle Sans/regular——5.5PT
Adelle Sans/Light——5.5PT / 5PT

捷

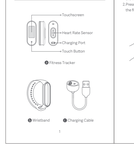
Adelle Sans/regular——5.5PT
Adelle Sans/Light——5.5PT / 5PT

希

Adelle Sans GRK/Regular——5.5PT
Adelle Sans GRK/Light——5.5PT / 5PT

Read this manual carefully before use, and retain it for future reference.

Product Overview

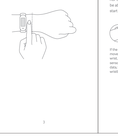


Installation

1. Insert one end of the fitness tracker into the slot from the front of the wristband.
2. Press down on the other end with your thumb to push the fitness tracker completely into the slot.

Wearing

1. Comfortably tighten the band around your wrist, about 1 finger-width away from your wrist bone.



2. For achieve the optimal performance of the heart rate sensor, wear your wristband snugly but comfortably. When wearing your wristband, keep it neither too tight nor too loose but leaving some space for the skin to be able to breathe. Tighten the wristband before you start to exercise and properly loosen it afterward.

Connecting

1.The Mi Band 5 can be connected to the Mi Fit app. Scan the QR code below, or search for Mi Fit in Xiaomi's GetApps or Apple's App Store to download and install the Mi Fit app.

iOS Android

2. Log into your Mi account in the Mi Fit app, and follow the instructions to connect and pair the band with your phone. Once the band vibrates and a pairing request is displayed on your phone, tap the confirm button to complete the pairing with your phone. Note: Make sure the Bluetooth on your phone is enabled. Hold the phone and the band close to each other during pairing.

Usage

Disassembly

After successfully pairing with your device, the band will start tracking and recording your daily activities and sleeping habits.

Touch the button to light up the screen. Swipe up or down to view various functions such as exercise data, heart rate, and measurements. Swipe right to return to the previous page.

Remove the band from your wrist, hold on to each end and pull on the wristband until you see a small gap between the fitness tracker and the wristband. Use your finger to pop the fitness tracker out of its slot from the front side of the wristband.

Charging

1. Recharge your band immediately when the battery level is low.

2. When using the band to measure your heart rate, please keep your wrist still.
3. The Mi Smart Band 5 has a water resistance rating of 5 ATM. It can be worn in the shower, swimming pool, and at depths of up to 50 meters. It is not suitable for scuba diving, water skiing or surfing.
4. The function of the touch button and touchscreen are not accessible during underwater. When your band comes in contact with water, use a soft cloth to wipe it dry before pressing the touch button or screen.
5. During daily use, avoid wearing the band too tightly, and try to keep its contact area dry. Please clean the wristband regularly with water.
6. Please stop using the product immediately and seek medical assistance if the contact area on your skin shows signs of redness or swelling.

Precautions

- When using the band, ensure that it is worn properly.
- Правила эксплуатации и техническое обслуживание
- Правила эксплуатации фитнес-браслета Mi Smart Band 5
- Правила безопасности
- Характеристики
- Informacje dotyczące utylizacji i recyklingu
- Інформація про утилізацію та переробку
- Сертифікати и декларації по безопасности
- Certificate and Safety Approvals
- Гаранционна информация
- Informații privind casarea și reciclarea
- Informace o likvidaci a recyklaci
- Certificate a bezpečnostní schválení
- Πληροφορίες για την ανακύκλωση και απόρριψη
- Warranty Notice
- Гарантийное уведомление
- Garanția
- Záruka
- Εγγύηση Εγγύησης

封底