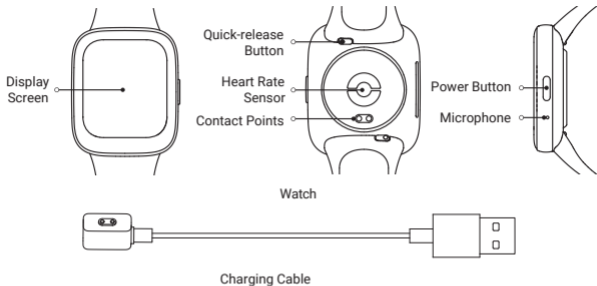




Redmi Watch 3 Active User Manual

Product Overview

Read this manual carefully before use, and retain it for future reference.



For more detailed information about the watch, please connect it with the App and view the instructions.



Scan the QR code to download the App.

Specifications

Name: Smart Watch

Model: M2235W1

Water Resistance: 5ATM

Battery Capacity: 289 mAh Operating

Temperature: -10°C to 45°C* Wireless

Connectivity: **Bluetooth®** 5.3

Input Voltage: 5 V 

 The symbol indicates DC voltage

Input Current: 1 A


Bluetooth Operation Frequency: 2402–2480 MHz

Bluetooth Maximum Output Power: < 20 dBm

*The range of working temperature is based on Xiaomi Lab's test data. The actual wearing status may vary.

Compatible with: This product only supports certain Android or iOS systems. For detailed information, please check the product page on www.mi.com.

For regulatory information, product certification, and compliance logos related to the Redmi Watch 3 Active, please go to Settings > About Watch > Regulatory.

 **Bluetooth®** The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Xiaomi Inc. is under license. Other trademarks and trade names are those of their respective owners.

Safety Precautions

- For daily use, comfortably tighten the watch around your wrist about one-finger width away from your wrist bone. Adjust the strap to ensure the heart rate sensor can collect data normally.
- When using the watch to measure your heart rate, please hold your wrist still.
- The watch has a water resistance rating of 5ATM (50 meters in depth). It can be worn in the swimming pool, while swimming near the shore, or during other shallow-water activities. However, it cannot be used in hot showers, sauna, or diving. Furthermore, remember to avoid the watch being directly impacted by swift currents during water sports. The water-resistant function is not permanent and may decline over time.
- The touchscreen of the watch does not support underwater operations. When the watch comes into contact with water, use a soft cloth to wipe away excess water from its surface before use.
- During daily use, avoid wearing the watch too tightly. Keep its contact area dry and regularly clean the strap with water. Immediately stop using the watch and seek medical assistance if the contact area on your skin shows signs of redness or swelling.
- Make sure the power adapter, the charging cable, and the watch are in a dry environment while charging. Do not touch them with wet hands and do not expose them to rain or other liquids.
- If the watch will not be used for an extended period, turn it off after fully charging and then store it in a cool and dry place. Recharge the watch at least once every 3 months.
- The operating temperature of the watch is -10°C to 45°C. If the ambient temperature is too high or too low, the watch may malfunction.
- If the screen is broken, do not touch or try to remove it. Instead, you should stop using the watch immediately and contact an authorized service provider.

- Please use the included charging cable to charge the watch. Only use the power adapters that comply with the local safety standards or certified and supplied by qualified manufacturers.
- Do not disassemble, strike, crush or throw the watch into a fire. Stop using the battery immediately if there is any swelling or fluid leakage.
- The watch has a built-in battery. To avoid damage to the battery or the watch, do not disassemble and replace the battery by yourself. Only the authorized service providers can replace the battery; otherwise, it will cause potential dangers even personal injuries if a wrong type of battery is used.
- Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion.
- Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas.
- A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.
- The watch and its accessories may contain small parts. To avoid choking or other hazards or damages caused by the children, keep the watch out of the reach of children.
- Keep the product's indicator away from the eyes of children and animals while the product is in use.
- This watch is not a medical device, any data or information provided by the watch should not be used as a basis for diagnosis, treatment, and prevention of diseases.
- The product information is listed on the back case of the watch for your reference.

Regulatory Compliance Information



All products bearing this symbol are waste electrical and electronic equipment (WEEE as in directive 2012/19/EU) which should not be mixed with unsorted household waste. Instead, you should protect human health and the environment by handing over your waste equipment to a designated collection point for the recycling of waste electrical and electronic equipment, appointed by the government or local authorities. Correct disposal and recycling will help prevent potential negative consequences to the environment and human health. Please contact the installer or local authorities for more information about the location as well as terms and conditions of such collection points.

EU Declaration of Conformity



Hereby, Xiaomi Communications Co., Ltd. declares that the radio equipment type M2235W1 is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: <http://www.mi.com/global/service/support/declaration.html>



Hereby, Xiaomi Communications Co., Ltd. declares that the radio equipment type M2235W1 is in compliance with Radio Equipment Regulations 2017. The full text of the UKCA declaration of conformity is available at the following internet address: <https://www.mi.com/uk/service/support/declaration.html>

This equipment has been tested and meets applicable limits for radio frequency (RF) exposure. Specific Absorption Rate (SAR) refers to the rate at which the body absorbs RF energy. SAR limits depend on whether this equipment is used against the head or on the wrist. The SAR limit is 2.0 watts per kilogram averaged over 10 grams of tissue for use against the head and 4.0 watts per kilogram averaged over 10 grams of tissue for use on the wrist.

During testing, this equipment radios are set to their highest transmission levels and placed in positions that simulate use next to the mouth, with 5 mm separation, and on the wrist, with no separation.

When placing this equipment near your mouth, keep at least 5 mm of separation to ensure exposure levels remain at or below the as-tested levels.

After testing, the highest SAR values are as follows: Next to the mouth: 0.091 W/kg

Wrist: 0.118 W/kg

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Therefore, Xiaomi invites you to contact the retailer from whom you purchased the product.

Disclaimer: The illustrations of the product, accessories, user interfaces, and other elements in this User Manual are schematic diagrams for reference only, and they may be slightly different from the actual product. This manual is published by Xiaomi or an enterprise in Xiaomi's ecosystem. Typographical errors and inaccurate information in this manual or the related programs and/or equipment may change without prior notice. Such changes will be indicated in the latest version of the manual.

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